

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pizza Wedge D w/ Veggie Toppings Carrot & Celery Sticks Fresh Fruit	2 Nachos Grande w/ Seasoned Meat Cheese Sauce D Lettuce, Salsa & Sour Cream D Black Beans Raisins	3 Breaded Chicken Filet on a Soft Kaiser Roll Plain or Spicy Tomato Soup Applesauce	4 Pasta w/ or w/out Meatballs D Marinara Sauce Garlic Bread Stick Sauteed Spinach Juice Choice	5 Beef Burger on a Bun w/ or w/out Cheese D or Veggie Burger on a Bun Lettuce & Tomato Crinkle Cut Fries Chilled Edamame Pear Cup
8 No School!!	9 Popcorn Chicken D Mashed Potato D & Gravy D Dinner Roll Seasoned Peas Fresh Fruit	10 French Toast Sticks E,D Sausage Patty Hash Brown Potato Carrot Raisin Salad Mandarin Oranges	11 Pasta w/ Meat/Meatless Sauce Garlic Bread Stick Roasted Zucchini Juice Choice	12 Stuffed Crust Pizza D Choice of Buffalo Chicken or Plain Cheese Tomato & Cucumber Salad Diced Peaches
15 Macaroni & Cheese D French Bread Stick Fresh Steamed Broccoli Fresh Fruit	16 Nachos Grande w/ Seasoned Meat Cheese Sauce D Lettuce, Salsa & Sour Cream D Steamed Corn Pineapple Tidbits	17 Jamaican Beef Patty or Filet of Fish Sandwich E, D Cole Slaw E Vegetarian Beans Craisins	18 Pasta w/ or w/out Meatballs D Marinara Sauce Garlic Bread Stick Roasted Chick Peas Juice Choice	19 Chicken Nuggets Mashed Potato D & Gravy D Carrot Coins Dinner Roll Raisins
22 Mozzarella Sticks D w/ Marinara Sauce Warm Bread Stick Spicy Fries Spinach Salad Fresh Fruit	23 ** Philly Steak Pinwheel ** or Meatball Grinder D Carrot & Celery Sticks Corn Chowder D Mixed Fruit Cup ** New Featured Item **	24 Texas French Toast E Sausage Links Hash Brown Potato Candied Butternut Squash Mixed Berry Cup	25 Pasta w/ Meat/Meatless Sauce Garlic Bread Stick Three Bean Salad Juice Choice	26 French Bread Pizza Choice of Garlic & Cheese or Plain Broccoli Normandy Orange Wedges
29 Cheese Calzone D Marinara Sauce Garden Salad Fresh Fruit	30 Nachos Grande w/ Seasoned Meat Cheese Sauce D Lettuce, Salsa & Sour Cream D Steamed Corn Sliced Peaches	31 Chicken Tenders Plain or Spicy Crinkle Cut Fries Dinner Roll Cole Slaw E Applesauce Happy Halloween!	Milk Choices offered daily include low fat & fat free flavored or unflavored milk 	Seasonal Fresh Fruit is available daily with all meals! FRESH SALAD PLATES AVAILABLE

Food allergy information: All hot meals are peanut and tree nut free and Trans Fat Free; most meals contain soy, wheat and gluten - Please contact Tim Prosinski, Food Service Director at (860)561-6610 to discuss an alternate meal plan for your child. Key: D = contains milk/dairy; E = contains egg; *Menu Subject to Change Without Notice